Sailing, windsurfing and powerboating should be



The RYA is committed to the safeguarding of children and young people.

You have the right to feel safe and be treated with respect and should show respect to others.



If you're feeling unhappy, worried, unsafe or concerned about the way another young person or an adult is treating you or someone else, there are people you can contact who offer FREE confidential advice to you or your parents/carers, and websites to look at for information and advice:

childline

ONLINE, ON THE PHONE, ANYTIME









0 I A 0

0800 1111

childline.org.uk



0808 800 5000



nspcc.org.uk

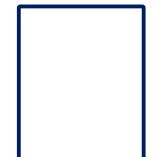




Dealing with bullying: kidscape.org.uk

Mental health and wellbeing: youngminds.org.uk

Health concerns: healthtalk.org/young-people-experiences



Child Welfare Contact

Club/Centre/Event:
Name:
e-Mail:
Dharas